## 2012 State Profile — New York National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

## http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In New York, 933 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 115,455 clients in substance abuse treatment on March 30, 2012. The survey response rate in New York was 97.1%.

Facility Operation						
			Clients	in Treatme	nt on March 30,	2012
	Facili	ties	All Cli	All Clients		er Age 18
	No.	%	No.	%	No.	%
Private non-profit	691	74.1	85,834	74.3	3,223	71.5
Private for-profit	121	13.0	16,511	14.3	789	17.5
Local, county, or community government	65	7.0	8,936	7.7	331	7.3
State government	41	4.4	3,037	2.6	138	3.1
Federal government	10	1.1	903	0.8		
Dept. of Veterans Affairs	7	8.0	601	0.5		
Dept. of Defense	2	0.2	292	0.3		
Indian Health Service						
Other	1	0.1	10	*		
Tribal government	5	0.5	234	0.2	29	0.6
Total	933	100.0	115,455	100.0	4,510	100.0

Primary Focus of Facility								
			Clients	Clients in Treatment on March 30, 2012				
	Facili	ties	All Cli	ents	Clients Und	er Age 18		
	No.	%	No.	%	No.	%		
Substance abuse treatment services	780	83.6	97,899	84.8	3,853	85.4		
Mental health services	31	3.3	1,747	1.5	54	1.2		
Mix of mental health and substance								
abuse treatment services	100	10.7	13,709	11.9	530	11.8		
General health care	7	8.0	1,171	1.0	8	0.2		
Other	15	1.6	929	8.0	65	1.4		
Total	933	100.0	115,455	100.0	4,510	100.0		

Substance Abuse Problem Treated					
			Clients	in Treatme	nt on March 30, 2012
	Facilitie	9S <sup>1,2</sup>	All Clie	nts³	Clients <sup>3</sup> per 100,000
	No.	%	No.	%	Pop. Aged 18 or Older
Clients with both alcohol and drug abuse	880	95.9	52,665	47.7	327
Clients with drug abuse only	835	91.0	43,138	39.0	275
Clients with alcohol abuse only	763	83.1	14,673	13.3	91
Total	918		110,476	100.0	693

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

<sup>&</sup>lt;sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 15.

<sup>&</sup>lt;sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care								
			Clients in Treatment on March 30, 2012					
_	Facilit	ties¹		All Clients	5	Clients Und	er Age 18	
					Median No. of Clients			
	No.	%	No.	%	per Facility	No.	%	
Outpatient	622	66.7	102,157	88.5	120	4,043	89.6	
Regular	568	60.9	53,488	46.3	76			
Intensive	273	29.3	8,617	7.5	15			
Day treatment/partial hospitalization	86	9.2	3,855	3.3	25			
Detoxification	37	4.0	367	0.3	1			
Methadone maintenance	114	12.2	35,830	31.0	323			
Residential (non-hospital)	258	27.7	10,751	9.3	26	452	10.0	
Short term (<30 days)	52	5.6	1,449	1.3	25			
Long term (30+ days)	214	22.9	8,651	7.5	23			
Detoxification	31	3.3	651	0.6	18			
Hospital Inpatient	85	9.1	2,547	2.2	18	15	0.3	
Treatment	66	7.1	1,200	1.0	14			
Detoxification	51	5.5	1,347	1.2	10			
Total	933		115,455		75	4,510	100.0	

<sup>&</sup>lt;sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)					
	No.	%			
Facilities with OTPs <sup>1</sup>	133	11.4			
Clients in Facilities with OTPs					
Methadone	35,239	91.1			
Buprenorphine	460	1.2			
Clients in Facilities without OTPs					
Buprenorphine	2,996	7.7			
Total	38,695	100.0			

<sup>&</sup>lt;sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facili	ities¹
_	No.	%
Cash or self-payment	872	93.5
Private health insurance	683	73.2
Medicare	423	45.3
Medicaid	812	87.0
State-financed health insurance	501	53.7
Federal military insurance	288	30.9
No payment accepted	14	1.5
Access to Recovery (ATR) vouchers <sup>2</sup>	23	2.5
IHS/638 contract care funds	29	3.1
Other payments	33	3.5
Sliding fee scale	745	79.8
Treatment at no charge for clients		
who cannot pay	484	51.9

Facility Licensing, Certification, or Accre	ditation
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	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	922	98.8
State substance abuse agency	872	93.5
State mental health department	139	14.9
State department of health	324	34.7
Hospital licensing authority	120	12.9
The Joint Commission	267	28.6
Commission on Accreditation of Rehabilitation Facilities	87	9.3
National Committee for Quality Assurance	24	2.6
Council on Accreditation	30	3.2
Other state/local agency/organization	60	6.4

<sup>&</sup>lt;sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facil	ities
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	540	57.9

<sup>&</sup>lt;sup>1</sup> Facilities may accept more than one type of payment. <sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Types of Services Offered		
Types of Services Chores	Facilities	
	No.	%
Assessment and Pre-Treatment Services	914	98.0
Screening for substance abuse	871	93.4
Screening for mental health disorders	738	79.1
Comprehensive substance abuse assessment or diagnosis	856	91.7
Comprehensive mental health assessment or diagnosis	496	53.2
Screening for tobacco use	839	89.9
Outreach to persons in the community who may need treatment	485	52.0
Interim services for clients when immediate admission is not possible	323	34.6
Testing	923	98.9
Breathalyzer or other blood alcohol testing	827	88.6
Drug or alcohol urine screening	914	98.0
Screening for Hepatitis B	342	36.7
Screening for Hepatitis C	351	37.6
HIV testing	355	38.0
STD testing	314	33.7
TB screening	427	45.8
Counseling	928	99.5
Individual counseling	926	99.2
Group counseling	897	96.1
Family counseling	725	77.7
Marital/couples counseling	469	50.3
Transitional Services	920	98.6
Discharge planning	913	97.9
Aftercare/continuing care	655	70.2
Pharmacotherapies	744	79.7
Antabuse®	223	23.9
Naltrexone (oral)	264	28.3
Vivitrol® (injectable Naltrexone)	90	9.6
Campral®	312	33.4
Nicotine replacement	545	58.4
Non-nicotine smoking/tobacco cessation medications	344	36.9
Medications for psychiatric disorders	534	57.2
Methadone	190	20.4
Buprenorphine with naloxone (Suboxone®)	383	41.1
Buprenorphine without naloxone	185	19.8
Ancillary Services	929	99.6
Case management services	666	71.4
Social skills development	699	74.9
Mentoring/peer support	465	49.8
Child care for clients' children	63	6.8
Assistance with obtaining social services	724	77.6
Employment counseling or training for clients	498	53.4
Assistance in locating housing for clients	555	59.5
	353	37.8
Domestic violence services		
Early intervention for HIV	340	36.4
		36.4 77.0 68.4

Continued.

Types of Services Offered (continued)		
	Facili	ties
	No.	%
Health education other than HIV/AIDS or hepatitis	704	75.5
Substance abuse education	913	97.9
Transportation assistance to treatment	548	58.7
Mental health services	576	61.7
Acupuncture	50	5.4
Residential beds for clients' children	29	3.1
Self-help groups	490	52.5
Smoking cessation counseling	734	78.7

Clinical/Therapeutic Approaches Used Always or Often or Sometimes		
	Facili	ties
	No.	%
Substance abuse counseling	913	97.9
Relapse prevention	883	94.6
Cognitive-behavioral therapy	840	90.0
Motivational interviewing	869	93.1
Anger management	764	81.9
Brief intervention	759	81.4
12-step facilitation	671	71.9
Trauma-related counseling	599	64.2
Contingency management/motivational incentives	523	56.1
Rational emotive behavioral therapy (REBT)	439	47.1
Matrix Model	255	27.3
Computerized substance abuse treatment	110	11.8
Community reinforcement plus vouchers	92	9.9
Other treatment approaches	118	12.6

Facility Capacity and Utilization Rate <sup>1</sup>			
	Residential	Hospital Inpatient	
Number of facilities	247	75	
Number of clients <sup>2</sup>	10,490	2,309	
Number of designated beds	11,158	1,894	
Utilization rate <sup>3</sup>	94.0	121.9	
Average number of			
designated beds per facility	45	25	

<sup>&</sup>lt;sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>&</sup>lt;sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups				
	Facilities			
_	No.	%		
Any program or group	772	82.7		
Clients with co-occurring disorders	422	45.2		
Adult women	478	51.2		
DUI/DWI offenders	193	20.7		
Adolescents	261	28.0		
Adult men	439	47.1		
Criminal justice clients	243	26.0		
Persons who have experienced trauma	210	22.5		
Pregnant or postpartum women	78	8.4		
Persons with HIV or AIDS	98	10.5		
Veterans	62	6.6		
Seniors or older adults	68	7.3		
LGBTQ1 clients	67	7.2		
Active duty military	19	2.0		
Members of military families	20	2.1		
Other groups	171	18.3		

 $<sup>^{\</sup>rm 1}$  Lesbian, gay, bisexual, transgender, or questioning clients.

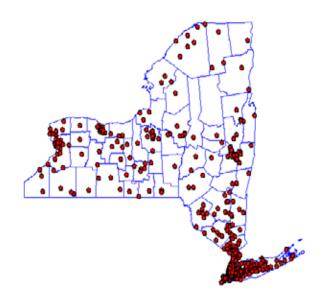
<sup>&</sup>lt;sup>2</sup> Number of clients on March 30, 2012.

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	153	16.4
Any language other than English	434	46.5
Non-English Language Provided by:		
On-call interpreter only	41	9.4
Staff counselor only	291	67.1
Both staff counselor and on-call interpreter	102	23.5
Languages Provided by Staff Counselor:1		
Spanish	378	96.2
American Indian/Alaska Native languages	1	0.3
Other	121	30.8

<sup>&</sup>lt;sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## **Location of Treatment Facilities**



Symbol key: -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:

http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:

http://www.samhsa.gov/data/

Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

http://findtreatment.samhsa.gov/



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/